

MONTE PISANINO

**Orto di Donna (1060 m a.s.l.) - Foce di Cardeto (1680 m a.s.l.)
- Monte Pisanino (1946 m a.s.l.)**

Starting point: Orto di Donna / Valsarenaia (1060 m a.s.l.)

Arrival: Monte Pisanino (1946 m a.s.l.)

Altitude difference: 900 m

From departure to arrival: first section: 1h 40'; one way to the top: 3 h 30'

Difficulty: E (to Foce di Cardeto); EE (to the top)

Path sequence: CAI 178 – just a part of CAI 179

Supporting points: Val Serenaia Refuge

Principal interests: Landscape

Notes about the road: for trained people

Best time to go: spring - summer

It starts from Orto di Donna in Val Seranaia, where you leave the car and start climbing along the valley, following the CAI path n.178 up to the Foce di Cardeto, at an altitude of 1670 m a.s.l. (1 h 40 '). Continue along the CAI 178 path, crossing the beautiful Foce di Cardeto and descending a difference in height of 100 meters until you find, on a stone, the blue-colored summit signs that indicate the direction to follow (this stretch is facing north). It continues with ups and downs, changing side (we will be exposed to the sun up to the top). The path runs alongside Zucchi di Cardeto and Pizzo Altare arriving at the Foce Altare. This piece of trail is very exposed and you have to be very careful.

From the Foce Altare go back to the side of Val Serenaia and go up along the Canale delle Rose. The zigzag path is very tiring but not exposed.

At the top, there are still a hundred meters of ridge, including a rather rough passage.

When you reach the top, an extraordinary panorama dominates the Lunigiana and the Garfagnana.

Mountain Safety:

.We recommend you to find out about the weather forecast and to keep in mind that in the mountains there are unexpected climate changes.

.If needed, call the emergencies number 112, specifying that you need help in the mountains.

.We advise you to wear adequate clothing and comfortable boots.

.The Pro Loco Seravezza Association want to remind you that the evaluation of difficulty and travelling time indicated are subjective and decline every responsibility for any possible accident. In particular it does not guarantee the maintenance of any paths, that are outside the Associations competence.



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